



GLOBAL VISION ADVISORS  
Where Wealth Meets Wellbeing™

*Interim Bulletin*

*Directing Your Path to the Future*

## Plan Your Own Economy



### **2017 Is Coming To a Close and What a Wild Ride It Has Been**

While the end of the year is full of hectic activity for many we want to encourage you to carve out some time for yourself to plan for 2018. We are not necessarily talking about your investment plan here. In the coming weeks we will get more details around the changes to our tax code and work with our partners to help you adjust for the changing landscape. But for now you can take the most important steps in directing the path of your future

#### **Step One**

Make a list of all the important areas in your life.

Examples include:

- Family and other relationships
- Health
- Career
- Community/Charity? Contribution
- Finances
- Education and personal development
- Fun and leisure
- Material possessions



#### **Step Two**

Look back on the year and recognize all that you have accomplished. Take some time to acknowledge yourself and celebrate what you accomplished over the past year.

### **Step Three**

Notice where you did not make the progress that you had hoped to. Don't beat yourself up, just notice and ask yourself what got in the way. Was it really that important? Or did you let something stop you?

### **Step Four**

Visualize where you want to be over the next one, three and ten years in the goals that are most important to you.

### **Step Five**

Write down why these goals are so important to you. Experts say this is the most important step because it keeps you motivated and moving past all the distractions that may get in your way.

### **Step Six**

Get creative and write as much as you can about what you can do to reach those goals.

### **Step Seven**

Summarize your goals in order of what is most important for the next year on a piece of paper that you can easily refer to throughout 2018.

This does not have to take a lot of time, you would be amazed at what you can accomplish in just 30 minutes of focused time. But if you enjoy it, you can get as involved as you like. Try to keep it simple and remember that there is no stage of life that this exercise does not bring value.

Markets will go up and down, events around the world will constantly draw our attention. You are ultimately in control of the direction of your life. We want to help you achieve all that you find important and look forward to moving powerfully into 2018 together.

If you'd like some accountability around your goals, please feel free to share with us and we'll incorporate these in your reviews going forward.

Here's to making 2018 the best year ever.

Matt and Tom

***"I know of no more encouraging fact than the unquestionable ability of man to elevate his life through conscious endeavor."***

***Henry David Thorough***

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